

More Money & Success Using EFT



with *Insider Secrets to Your Successful EFT/Energy Business* Expert

Carol Tuttle

and

EFT Expert Jeff Harding



EFT Expert Angela Treat Lyon

Angela Treat Lyon's
The Energy Business Marketing Secrets Series™

Featured Articles

Advance Your Business with EFT © Carol Tuttle • CarolTuttle.com

Clear Your Top 10 Destructive Money Beliefs © Carol Tuttle • CarolTuttle.com

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Advance Your Business Using EFT

by Insider Secrets Business Expert Carol Tuttle



Carol Tuttle

Carol Tuttle is an author, speaker and acknowledged leader in the business and self-help fields. She has integrated EFT with her other success tools and watched her business rise to new levels. In her words....

"....I am scheduled 2 months out with clients, I gross well into six figures annually through my private practice, writing, speaking and online sales. ALL related to energy healing."

She graciously shares her methods for using EFT on those all important mental/emotional blocks that subtly serve to limit us in the business area. - Gary Craig, Founder of EFT

As you know, your beliefs create your reality.

You know that what you radiate you attract. The same universal law of attraction holds true in every aspect of your life—including your business success with EFT. Thus your beliefs about EFT and advancing your business are radiating from you either consciously or subconsciously and that is what is influencing your current level of success.

I believe Energy Healing is the next big player in the natural/alternative health industry.



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There is tremendous opportunity for EFT practitioners to lead the way and create financial and business success.

I have used EFT and other energy clearing modalities on myself for the last 8 years as a part of my business model.

I have cleared numerous limiting beliefs and energy blocks and I continue to clear more. I am grateful for the results I am getting. My business continues to grow every month and I am experiencing great success in helping people, and making a substantial income doing it.

At Gary's Flagstaff training I had many practitioners (and want-to-be practitioners) approach me to ask for my feedback on how to advance their business.

Most of the inquiries had to do with growing their private practice, getting paid higher fees (or getting fees at all) and conducting seminars where people would come to get results from Borrowing Benefits, and how to make seminars profitable.

There are two areas of belief that I have noticed most of us can get stuck in when it comes to advancing our business.

The first one is the belief that people are not interested in EFT and will not want to learn about it—it is too different!

The second is our limiting beliefs around money.

In this article I am including the set-up phrases for the first issue of EFT being too different and people not accepting it. My next article will include the set-up phrases to clear the top 10 destructive money beliefs and the reframes for them.

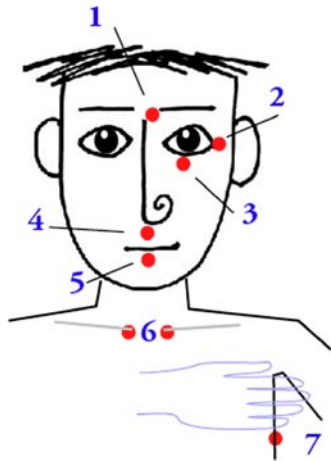
Put the set-up statement in front of each of the limiting beliefs with the intention you are releasing the energy that forms these beliefs as you tap down all the points

Even though I am still believing:

- ❖ I live in too conservative a town to make this work
- ❖ Everyone thinks this is weird stuff and is scared by it
- ❖ I'm really scared to put myself out there to teach something that is so different
- ❖ I am still afraid of rejection
- ❖ I need my family to accept it before I can go for it
- ❖ I feel bad charging people who have less money than me
- ❖ I am a licensed therapist and I could get in trouble doing this
- ❖ My professional colleagues will really look at me weird now!
- ❖ I don't have any credentials after my name—what right do I have to help people heal
- ❖ Nobody will come to my seminar
- ❖ I can't make any money doing what I love
- ❖ I can't charge people for work that is so spiritual



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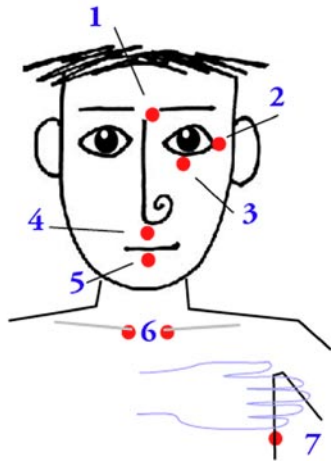


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- ❖ They won't come back after one session
- ❖ People aren't ready for this
- ❖ I have to offer EFT for free to get anyone to do it
- ❖ I am still afraid of what people will think
- ❖ I don't know how to explain it well enough that it makes sense to people
- ❖ People will not get results
- ❖ Who am I fooling? I shouldn't be doing this and somebody is going to find me out!
- ❖ I really shouldn't be charging for this!

One of my practices with EFT is to tap in reframes after I have released the energy that has been keeping me stuck in what I don't want.

Use these reframing phrases instead of Reminder Phrases as you tap all the points, this helps your energy come into vibrational alignment with the truths you choose to radiate.

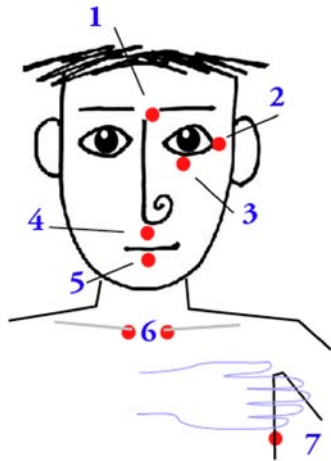


I am now feeling and believing:

- ❖ I am capable and ready to make a difference
- ❖ I am safe to move forward
- ❖ I am grateful that I am an answer to someone's prayers
- ❖ I am attracting people who are ready to receive my help
- ❖ I am grateful my EFT skills are good enough to get started
- ❖ I am grateful I continue to improve my skills
- ❖ I am being paid good money for my skills and knowledge
- ❖ I am comfortable receiving money from my clients



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- ❖ I am comfortable bringing up and managing the financial aspects of my EFT business
- ❖ I am attracting clients who get great results and tell a lot of other people who seek out my help
- ❖ I'm growing and growing my business through numerous client referrals
- ❖ I'm experiencing people seek me out because they want the results others are getting from EFT
- ❖ I am explaining EFT in a manner that is in rapport with whoever I am sharing it with.
- ❖ I am ready to move forward and create success even though my family does not yet accept this tool
- ❖ Even though I live in a conservative area, there are plenty of people who will accept this to create a successful business
- ❖ I am admired by and influencing my colleagues, they seek me out to learn more
- ❖ It is appropriate and moral for me to receive money for helping others with EFT
- ❖ I am a successful EFT practitioner, all my clients get great results and I am respected and admired for the work that I do
- ❖ I'm grateful my business continues to grow, and grow, and grow, and grow!!
- ❖ I am having fun with all of this

Tap away! Tap on the above everyday. And through your dedication to using EFT on yourself as part of your business model you will get results.



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Eight years into my business venture I am scheduled 2 months out with clients; I gross well into six figures annually through my private practice, writing, speaking and online sales. ALL related to energy healing.

Dedication is the key.

The EFT practitioners who will lead the way in creating business success will be able to say, "I was able to do it because I was dedicated to using the tools on myself that I was teaching everyone else to use."

Best wishes, Carol



Other sources of EFT business enhancement tools are EFT Founder Gary Craig's site:

Dreams into Dollars segment contained within *From EFT to the Palace of Possibilities* and the 6 hour business presentation on *The EFT Specialty Series I* and the *Building a Thriving Practice* series. I invite you to get them [here](#).



Use EFT to Clear Your Top 10 Destructive Money Beliefs

by Insider Secrets Business Expert Carol Tuttle



Carol Tuttle

If you're not making as much money as you'd like, then you're holding onto some negative beliefs about yourself and how much money you're capable of flowing.

Money is a resource with a neutral energy onto which we project our beliefs.

Money takes on that energy and that is the experience we get with it.

When you change your beliefs about money, money changes for you.

When you choose wealth, and start to believe that wealth is spiritual, wealth finds you.



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EFT is a glorious way to flow money and grow money. What better work can you do on this planet than to help others come into alignment with their God-given truth, free to create lives of wellness, prosperity, and joy?

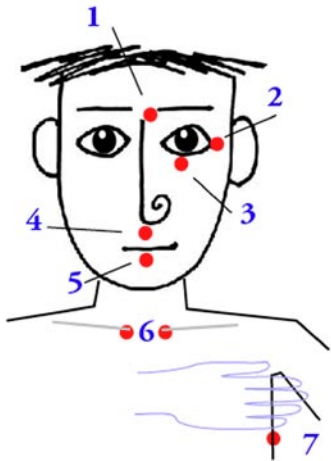
Wealthy people who are humble, generous, and wanting to do the right thing are some of the most powerful people who have the most choices to make a difference in the world in which we live.

Tap out these old limiting beliefs about money, and then tap in the new beliefs to reframe and re-pattern your energy with money.

While tapping all the points repeat the following set-up phrase to release your destructive beliefs about money.

Even though I am still believing these beliefs, I now choose to release them:

- ❖ Money is not spiritual
- ❖ I will never have enough money
- ❖ I'll probably just fail anyway
- ❖ But we can't afford that
- ❖ Rich people are greedy and dishonest
- ❖ If I'm successful, my friends will be jealous and stop liking me
- ❖ I'm no better than my parents, so I shouldn't make more than they did
- ❖ I might forget what's truly important and not like the person I've become
- ❖ Money is the root of all evil
- ❖ I'm not worthy



Did you realize that fully 90 percent of the population has an issue with low self-esteem? It's the Number One thing that holds people back and prevents them from living their dreams.

Next, while tapping all the points, repeat this set-up statement with each of the following reframes.

I am now believing and radiating these truths about money:

- ❖ I am grateful I am free to create whatever I want with money, I now choose to experience money as a spiritual resource in my life
- ❖ I am grateful that there is enough money for everyone and it is everyone's birthright to create wealth. I choose to create mine now.
- ❖ I am successful, I safe making mistakes and learning better ways to do business, I am ready, success is my god-given natural right
- ❖ I am always flowing more in than is going out, I am wise in my purchases and a good steward of my money
- ❖ I am grateful that I am an honest and generous rich person
- ❖ I am a great example to my friends and associates, as I choose my birthright of wealth others are more free to choose this as well



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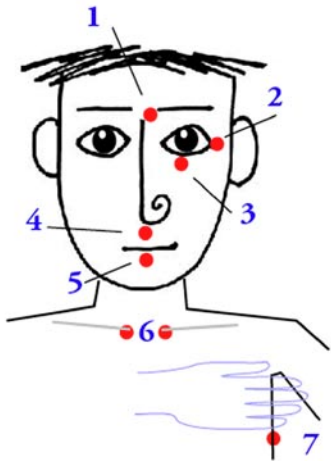




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- ❖ I am knowing my parents did the best they knew how, and I am free and it is appropriate to create more than what they chose to experience
- ❖ I am safe to create wealth. I am always following my spiritual guidance, it does not matter how much money I have, I always choose this
- ❖ Money is a god-given resource that I am choosing to use to bless my life and others
- ❖ I am worthy and I am ready, I choose wealth now.

I am worthy and I am ready, I choose wealth now!



A good addition to the above process is to recall any significant childhood events around money that influenced your current beliefs and perceptions. Use EFT to release any energy you still have from these formative experiences with money.

When you are triggered by money and start running your limiting beliefs and heavy emotions about money, use EFT to release yourself immediately.

The more vibrant energy you radiate about money and the more gratitude you hold for money, the more money can flow to you.

People in debt and who do not make enough money think about their money problems every day of their lives. Wealthy, spiritual people are free to engage in their life purpose allowing the money to flow free of any worries.

Use EFT to create this balance with money.

Best wishes, Carol



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Do You Have Psychological Reversal About Money?



Jeff Harding

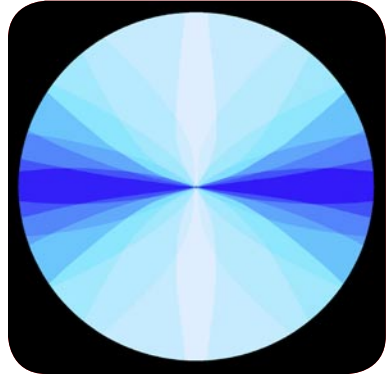
This article by Jeff Harding assumes the reader is familiar with Psychological Reversal, a basic EFT concept. Note how he gets stuck with an onstage client until he “gets himself out of the way” and zeroes in on an important issue. - Gary Craig, Founder of the Emotional Freedom Techniques

by EFT Expert Jeff Harding

When conducting an EFT workshop I often bring someone up to the front of the room and have them make a statement about a financial goal while muscle testing them to demonstrate Psychological Reversal (PR).

**Financial goals are the best way to illustrate
PR because most people have some in regards to
producing a very high income in the near future.**

When I say a very high income, you will see what I mean in a moment.



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The First Step

The first step is to test their muscle strength in their current state to establish a baseline.

I ask the person if there are any physical issues I should be aware of; and remind them to be responsible for their own health as we do this process together.

I usually use the deltoid muscle test with the arm extended to the side.



Step Two

Next, I begin having them state out loud a ridiculously low income goal for the coming year, such as:

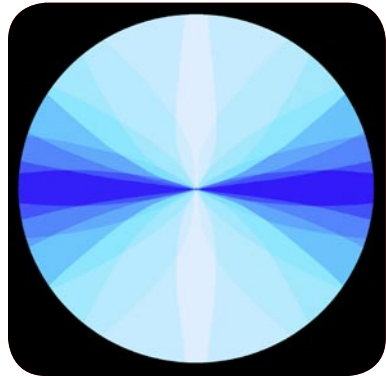
"I will easily produce \$20,000 per year in cash flow in the next 12 months."

I remind them to picture and feel the flow; invariably, they test very strong for such a simple and easy financial goal.

Step Three

The third step is having the person state a ridiculously high income goal, such as:

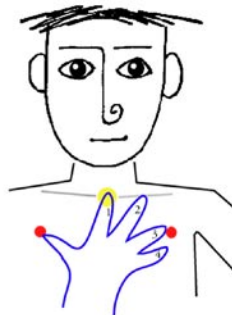
"I will easily produce \$1,000,000 in cash flow in the next 12 months."



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Karate Chop Point



Sore Spots



Again, I remind them to picture and feel that flow ... this time they test very weak because most people have PR to producing such a high income or cash flow.

Step Four

Finally, we do a setup based on the \$1,000,000 goal, using either the Karate Chop or Sore Spot, and then test one final time after stating and picturing the \$1,000,000 flow to show how to correct PR.

Every time I have done this, the PR is easily corrected.

This is always a wonderful demonstration and everyone loves to see the results occur right before their eyes...but, one day it did not quite work out the way it always did.

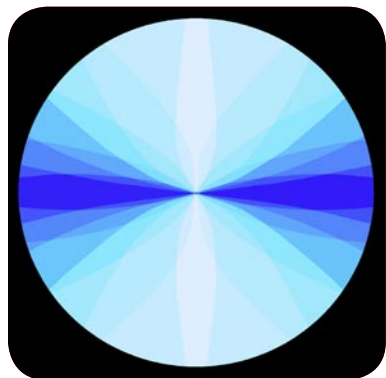
I conducted a workshop recently where this demonstration took an odd turn.

During the workshop, I chose a gentleman from the workshop group—I'll call him George. I had George do the standard low income statement—and he continued to muscle test just as strong as or even stronger than the first muscle baseline test!



Sometimes with males, I have to be careful that they are not "showing" their strength and so I do not always look for a full weakness, but a loss of tension in the muscle.

Well, surprise, surprise—George stated the \$1,000,000 income goal and he was strong as a horse. OK, I thought, perhaps the



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income goal was not high enough. George had experienced financial success in the past, but was going through a rough patch, so perhaps \$1,000,000 was not high enough to demonstrate PR. OK, let's run the income up to \$2,000,000—just as strong. I up the ante one more time to \$2,500,000 and to my surprise George is strong as ever.

Have you ever done a demonstration and things do not quite go as planned or in the same manner as they usually do? Also known as 'Dying on Stage....'

Allowing intuition....

Gary Craig has always said, 'Get yourself out of the way.' So, I paused to gain a stronger intuitive connection, and a thought came quickly to my aid—perhaps we were not "right on" with the setup. George said, "I actually feel that I have the ability, that I can easily produce that kind of income without a problem; I already have what it takes to do that."

So, I tuned in for a few seconds and began the setup statement again, "I will easily produce \$2,500,000 in cash flow the next 12 months and for the rest of my life..." I paused again and an ending phrase came to me, "...as the person I am today."

George gave me a look of surprise and also I could sense his energy system was beginning to disrupt and then he said, "You hit something there—that's it."



I had George repeat the phrase, "I will easily produce \$2,500,000 in cash flow the next 12 months and for the rest of my life as the person I am today."

I muscle tested him and there was not only no bounce to the muscle, but I would estimate that the muscle strength was about 25% of what it was before!

Then, I led him in a setup using the karate chop point:

Even though I doubt that I will easily produce \$2,500,000 in cash flow through my businesses the next 12 months and for the rest of my life as the person I am today...

We did the setup three times without tapping on any other points.



George then stated that large income phrase again including that tail ender, "...as I am today." I tested him and he was strong as ever and he even commented, "That feels good already!"

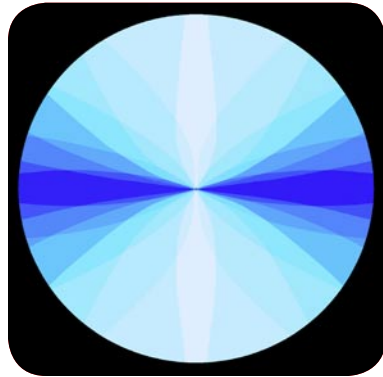
There is a perfection, a being within us; an I AM that knows no limitations. But I believe we cover that I AM up with a facade created by the writings on our inner walls—a story we tell ourselves not only a daily basis, but on a constant basis.

Perhaps we know that perfect-inner-self is there and can do anything, but we believe more in the limited being we were sold on—the person we are TODAY that can create some strong and seemingly impervious PR.

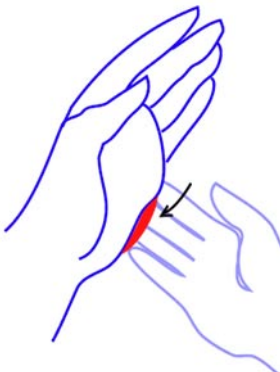
Think about that "false self" that is present today and address it along with the PR by altering your setup statements; sometimes just with a couple words.

Put some thought into it, or should I say open up to intuition for the answer and the best setup phrase may just come to you. The setup phrase that could make the difference between getting stuck and collapsing that barrier in one fell swoop.

Jeff Harding



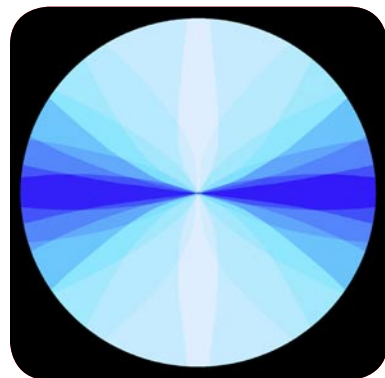
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Karate Chop Point

Gary Craig COMMENT: Good article! It might also add some depth to this result if we investigate what may be behind the “person of today” or even the “person of tomorrow.”

Reducing these concepts down to specific events in childhood might produce even more benefits. Just some thoughts.



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You'll also find the Insider Secrets to A Successful EFT/Energy Business [here](#):
12 EFT Masters and Business Experts reveal their insider secrets to their business success. Tips and strategies you won't get anywhere else.

Have you ever wondered how to market such a 'woo-woo' practice? How to get more clients? How to charge what you're worth? How to stop working so hard and yet make more money so you can spend time doing what you love to do with the people you love?

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**My best aloha to you, your health, Dreams, success,
happiness, and prosperity!**



Angela

Angela Treat Lyon

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